

**Houston
Cycle 1, 2020 Final Menu
FEBRUARY**

Monday 2/3	Tuesday 2/4	Wednesday 2/5	Thursday 2/6	Friday 2/7
Balsamic Chicken Garlic Whipped Potatoes Green Beans Almandine Dinner Roll Fresh Fruit Milk Margarine	Beef Taco Charro Beans Spanish Rice Flour Tortilla Cinnamon Crisp Bar Milk Taco Sauce	Smoked Sausage Lima Beans Stewed Tomatoes Cornbread Fresh Orange Milk Margarine	Parmesan Chicken Macaroni and Cheese Sliced Carrots Wheat Bread Oatmeal Cream Cookie Milk	Hamburger Patty Shredded Lettuce/Pickles Ranch roasted Potatoes Hamburger Bun Hot Spiced Peaches Milk Mustard/Ketchup
Monday 2/10	Tuesday 2/11	Wednesday 2/12	Thursday 2/13	Friday 2/14
Salisbury Beef/ Onion Gravy Whipped Potatoes Brussels Sprouts Wheat Bread Fresh Fruit Milk	Sausage and Rice Casserole+* Green Beans Country Tomatoes Wheat Bread Animal Crackers Milk	Beef Chili with Beans Parslied Rice Mixed Greens Cornbread Fresh Orange Milk Margarine	Tomato Basil Chicken Parmesan Penne Pasta Mixed Vegetables Dinner Roll Lemon Pudding Milk Diet: Vanilla Pudding	Turkey Macaroni and Cheese Herbed Green Beans Cauliflower Fudge Cream Cookie Milk
Monday 2/17	Tuesday 2/18	Wednesday 2/19	Thursday 2/20	Friday 2/21
Thai Chili Chicken # Seasoned Lentils Ginger Carrots Texas Bread Fresh Fruit Milk	Vegetable Beef Soup Whole Kernel Corn Diced Beets Wheat Bread Cherry Gelatin Milk	Turkey Noodle Casserole Broccoli Green Beans Wheat Bread Fresh Banana Milk	Garlic Rosemary Beef Oven Roasted Potatoes California Vegetables Wheat Bread Vanilla Pudding Milk	Chicken & Ham Jambalaya # Black-Eyed Peas Cabbage with Carrots Wheat Bread Nutty Buddy Bar Milk
Monday 2/24	Tuesday 2/25	Wednesday 2/26	Thursday 2/27	Friday 2/28
Swiss Steak Whipped Potatoes Okra And Tomatoes Wheat Bread Fresh Fruit Milk	Lemon Pepper Pork+# Yellow Rice Mixed Vegetables Wheat Bread Fresh Orange Milk	Smoked Sausage Whole Kernel Corn Green Beans Hot dog Bun Fresh Banana Milk Mustard	Baked Chicken with Gravy Scalloped Potatoes Green Beans with Onions Wheat Bread Fudge Cream Cookie Milk	Three Cheese Ziti Stewed Tomatoes Rosemary Carrots Wheat Bread Gingerbread Cookie Milk
Monday	Tuesday	Wednesday	Thursday	Friday

* - Turkey + - Pork ~ - New Menu Item

Sarah Hutsler, RD, LD
Sarah Hutsler, RD, LD #DT81463