

**Houston
Cycle 1, 2020 Final Menu
JANUARY**

| Monday | Tuesday | Wednesday | Thursday | Friday 1/3 |
|--|---|--|---|--|
| | | CLOSED | Tomato Basil Chicken Parmesan Penne Pasta Mixed Vegetables Dinner Roll Lemon Pudding Milk Diet :Vanilla Pudding | Turkey Macaroni and Cheese Herbed Green Beans Cauliflower Wheat Bread Fudge Cream Cookie Milk |
| Monday 1/6 | Tuesday 1/7 | Wednesday 1/8 | Thursday 1/9 | Friday 1/10 |
| Thai Chili Chicken # Seasoned Lentils Ginger Carrots Texas Bread Fresh Fruit Milk | Vegetable Beef Soup Whole Kernel Corn Diced Beets Wheat Bread Cherry Gelatin Milk | Turkey Noodle Casserole Broccoli Green Beans Wheat Bread Fresh Banana Milk | Garlic Rosemary Beef Oven Roasted Potatoes California Vegetables Wheat Bread Vanilla Pudding Milk | Chicken & Ham Jambalaya # Black-Eyed Peas Cabbage with Carrots Wheat Bread Nutty Buddy Bar Milk |
| Monday 1/13 | Tuesday 1/14 | Wednesday 1/15 | Thursday 1/16 | Friday 1/17 |
| Swiss Steak Whipped Potatoes Okra And Tomatoes Wheat Bread Fresh Fruit Milk | Lemon Pepper Pork+## Yellow Rice Mixed Vegetables Wheat Bread Fresh Orange Milk | Smoked Sausage Whole Kernel Corn Green Beans Hot Dog Bun Fresh Banana Milk Mustard | Baked Chicken with Gravy Scalloped Potatoes Green Beans with Onions Wheat Bread Fudge Cream Cookie Milk | Three Cheese Ziti Stewed Tomatoes Rosemary Carrots Wheat Bread Gingerbread Cookie Milk |
| Monday 1/20 | Tuesday 1/21 | Wednesday 1/22 | Thursday 1/23 | Friday 1/24 |
| CLOSED | Hamburger Patty Shredded Lettuce/Pickles Baked Beans Hamburger Bun Hot Cinnamon Applesauce Milk Mustard/Ketchup | Lemon Chicken Delmonico Potatoes Brussels Sprouts Wheat Bread Chocolate Pudding Milk | Ham and White Beans+ Dirty Rice Spinach Cornbread Milk Margarine | Potato Crusted Fish Herbed Green Peas Stewed Tomatoes Dinner Roll Oatmeal Cookie Milk Tartar Sauce |
| Monday 1/27 | Tuesday 1/28 | Wednesday 1/29 | Thursday 1/30 | Friday 1/31 |
| Meatloaf w Brown Gravy Whipped Potatoes Broccoli Wheat Bread Fresh Fruit Milk | Sweet and Sour Chicken # Jasmine Rice Japanese Vegetables Texas Bread Fortune Cookie Milk | BBQ Pork Rib Patty Ranch Beans Parslied Carrots Dinner Roll Lime Gelatin Milk | Turkey Breast With Gravy* Squash Rice Casserole Green Peas Texas Bread Fresh Banana Milk | Vegetable Lasagna Cauliflower Green Beans Wheat Bread Strawberry Cereal Bar Milk |

* - Turkey + - Pork # - New Menu Item

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